

Cooperative Department UT Ladakh

Criteria	Details
Sector	Cooperative Department, UT Ladakh.
Location	Districts of Leh and Kargil , Union Territory of Ladakh.
Event/Activity Name	Celebration of International Day of Yoga (IDY) – 21st June 2025 Banner Theme: “Yoga Sangam”.
Brief Information on the Activity	As part of the International Year of Cooperatives (IYC) 2025, the Cooperative Department of Ladakh celebrated the 11th International Day of Yoga (IDY) on June 21, 2025, under the banner of "Yoga Sangam." Members of various Cooperative Societies, Officials of the Cooperative Department, general public actively participated in yoga sessions held at various offices and society premises, and other public places in both districts of Leh and Kargil. The festivities fostered a sense of solidarity, health, and community involvement.
Objective	<ul style="list-style-type: none"> • To encourage mental and physical health with yoga. • By emphasizing the link between personal and environmental health, in keeping with the worldwide focus of IDY 2025, "Yoga for One Earth, One Health." • In accordance with the IYC 2025 framework, to promote collaboration, solidarity, and awareness among cooperative societies and the broader public.
No. of Participants	110 (Department Officials), and 700 (Society members)
Achievements & Outcomes	<ul style="list-style-type: none"> • Effective public and cooperative society mobilization for a statewide wellness program. • Increase understanding of yoga's contribution to cooperative living and sustainable health among communities. • Active grassroots engagement improved the department's outreach during the IYC 2025. • Participants' positive comments support consistent practice and upcoming community wellness initiatives.

Photographs & AV Content

Attached below.

Additional Remarks

PHOTO GALLERY



ZANSKAR BLOCK



ZANSKAR BLOCK



Assistant Registrar Office Drass



Assistant Registrar Office Shargole



Assistant Registrar Office Sankoo



Assistant Registrar Office Kargil



Assistant Registrar Office Kargil



Deputy Registrar Office, Leh



Deputy Registrar Office, Leh



District Audit Office Kargil



District Audit Office Kargil



Super Baazar Cooperative Society Kargil



Super Baazar Cooperative Society Kargil